

February 2024 Newsletter



February 1, 2024

Innisfail & Area Family Day Home Society

Recognizing Random Acts of Kindness Week

This year, Random Acts of Kindness Week is February 11th to February 17. Random Acts of Kindness is a initiative that believes that kindness has the power to connect people & that kindness can be taught. Modelling kindness & compassion can have significant benefits for children including increasing emotional well-being, provides a sense of belonging, improves self-esteem, decreases stress & grows gratitude. Check out the ideas below & in the image for ways to spread kindness with family & friends, at school, at work & within your community:

- Be a friend to a lonely neighbour
- Celebrate important days with those you love
- Connect with a conversation
- Be a good listener
- Share your favourite book with someone
- Make a kindness resolution
- Ask someone about their day
- Write a positive comment online
- Have a judgement free day

50+ ways to be kind

BE CONFIDENT use a reusable grocery bag **HANG CLOTHES TO DRY**
read a BOOK **LAUGH OFTEN** bake cookies for a friend
bike instead of drive plant a tree send a nice text to an unknown number
STAND UP FOR A FRIEND take some time for yourself **CLEAN YOUR ROOM**
switch to paperless mail **SEND A POSTCARD** **SMILE**
carpool to work **EXERCISE** donate your old clothes to charity
bring toys to a children's hospital call your grandparents share a recipe
text an old friend **HIGH FIVE A STRANGER** baby-sit for free
tell someone you love them use a travel mug **ADOPT A SHELTER PET**
make a bucket list (start it!) **LOVE YOURSELF** thank a teacher
put a bird feeder in your yard write a review for a local business
tie scarves around trees Volunteer hug a loved one
HIDE A SURPRISE IN YOUR FAVORITE LIBRARY BOOK congratulate a friend
PRACTICE PATIENCE give socks to a homeless person **DO THE DISHES**
start a community garden walk a dog bring soup to a sick friend
compliment someone **OFFER TO HELP WITH YARD WORK** THANK YOUR BUS DRIVER
deliver flowers to a well-deserving mother **WRITE TO A PENPAL** BELIEVE IN YOURSELF
PICK UP GARBAGE ON THE STREET VISIT A NURSING HOME fund an online campaign
give a stranger a lottery ticket **DON'T EAT MEAT FOR A DAY** be kind to every kind

RANDOM ACTS OF KINDNESS FOUNDATION
randomactsofkindness.org

Budget Friendly Ways to Celebrate Family Day!

- Have a dance party together
- Bake a family favorite recipe
- Go sledding or skating
- Grab some snacks & watch a movie
- Have a game night
- Go on a nature walk
- Read together
- Look at old family photos
- Build a snow fort
- Play trivia or board games



Society News



Congratulations to

Nav for completing her Certificate in Early Learning & Child Care.

We are so proud of your accomplishment!



**The office will be closed
February 19th
for Family Day.**



Happy Anniversary

Michelle Peters
12 years!

Brianna Hinchcliffe
2 years!

Jenapher Klein
2 year!

*Thank you for your
dedication to the
families you serve!*

As the Government of Alberta makes decision about funding child care services, it is important that families have their voices heard.

Please consider taking a moment out of your day to complete the online survey. The survey should take about 5-10 minutes of your time.

The survey closes on February 11, 2024.

your.alberta.ca/elcc-cost-control-framework-and-for-profit-expansion-plan-parents/survey_tools/elcc-parent-survey-english

HELP SHAPE CHILD CARE FOR ALBERTA FAMILIES.

The Government of Alberta is making child care more affordable, accessible and inclusive. We want to hear from parents as we work to shape Alberta's early learning and child care system for the future.



Have your say at
alberta.ca/childcare

Alberta

Cost Control Framework and For-Profit Expansion Plan

In January 2023, Alberta and Canada announced the Cost Control Framework and For-Profit Expansion Plan (CCF). The CCF provides a model to move from an ELCC system primarily funded by parent fees to one primarily funded by government. The CCF ensures child care operators, agencies and educators have access to funding supports to continue to provide

quality child care that Albertans expect while reducing parent fees and ensuring reasonable use of public funds.

Proposed principles of the ELCC funding formula approach:

Accessibility: Families have options for ELCC where and when they need it.

Quality: Early childhood educators deliver high-quality ELCC programs

that support children's well-being and developmental needs.

Affordability: Sustained affordable child care supports families and ultimately Alberta's economic prosperity.

Inclusivity: A connected community of partners supports safe, high-quality and inclusive ELCC.

Fiscal Sustainability: ELCC system is designed

and allocated public funds to ensure the viability of a high-quality ELCC system, in alignment to the CCF, while ensuring the sound and reasonable use of public funds.

Sector Stability: A transparent and equitable funding formula for Alberta's mixed market ELCC system ensures a stable and sustainable transition and future for ELCC in Alberta.

Implementation Timelines for the \$10/day Care

A detailed Implementation Plan outlining a sustainable transition for the ELCC sector will be developed following feedback gathered during engagements, transition to the ELCC funding formula approach is anticipated by 2025-2026. As part of the transition to the ELCC funding formula approach, the ministry may consider changes to the way ELCC grants are administered. This would further streamline funding processes, creating efficiency,

consistency and reducing administrative burden for operators, agencies and educators.

• **January 2024:** Increase affordability grants to achieve an average \$15 per day, parents will pay a minimum of \$217.50 a month for care services before subsidy is deducted.

• **Summer 2024 – Early 2025:** Pilot the new ELCC funding formula for select child care operators, if your program is selected they will notify you of being part of the pilot.

• **By 2025 – 2026:** Implement a sustainable transition to the new ELCC funding formula for remaining child care operators.

In the future \$10 per day model, optional services offered at an additional parent fee may only be for services not deemed essential to child care delivery as outlined in the Early Learning and Child Care Act and Regulations and Family Day Home Standards Manual.

School-Aged Children

The Agreement provides funding for children from 0 to kindergarten-age. As

such, the ELCC funding formula approach will apply to eligible licensed child care programs and spaces in Alberta that provide care to infants, toddlers, and preschool-aged children, including children who attend kindergarten part-time (i.e. fewer than five full days per week) and require child care during regular school hours.

Programs and spaces that provide care to children attending kindergarten full-time and to children in Grades 1 to 6 are not included in funding under the Agreement.

Making a difference in the lives of children and families since 1983!



**INNISFAIL & AREA
FAMILY
DAY HOME
SOCIETY**

— Established in 1983 —



Alberta
Approved
Family
Day Homes



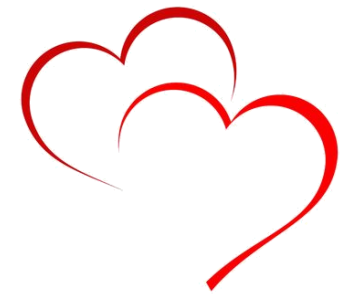
Curriculum Corner: RAK Tag Card Family Activity



Do you want to make someone's day? Print out these RAK Tag Cards & when you do a Random Act of Kindness, leave a card behind! You may just start a ripple of kindness in your community. Click here for more printable cards: https://www.randomactsofkindness.org/printables/RAKTAG_cards.pdf



February 2024





Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 HAPPY Groundhog DAY 	3
4	5	6	7 <i>Office closed at 3pm</i>	8 <i>Virtual Session with Inspired Minds 6:30pm</i>	9	10
11	12	13	14  <i>Office closed at 3pm</i>	15	16	17
18	19 <i>Family Day Office Closed</i>	20	21 <i>Office closed at 3pm</i>	22	23	24
25	26 <i>Month End Paperwork Due by 8:30 am</i>	27	28 <i>Office closed at 3pm</i>	29	<div data-bbox="1465 1336 1948 1507" data-label="Complex-Block"> <p>Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com</p>  </div>	



March 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 <i>Office closed at 3pm</i>	7	8	9
10  <i>Daylight Savings</i>	11 <i>First Day of Ramadan</i>	12 <i>Virtual Session with Inspired Minds 6:30pm</i>	13 <i>Office closed at 3pm</i>	14	15	16
17  <i>St Patrick's Day</i>	18	19	20 <i>Office closed at 3pm</i>	21	22	23
24	25 <i>Month End Paperwork Due by 8:30 am</i>	26	27 <i>Office closed at 3pm</i>	28	29 <i>Office Closed</i> <i>Good Friday</i>	30
31 <i>Easter Sunday</i>					Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com 