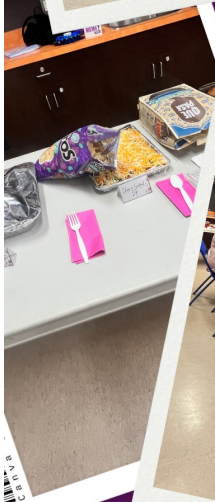


May 2024 Newsletter

May 1, 2024

Innisfail & Area Family Day Home Society

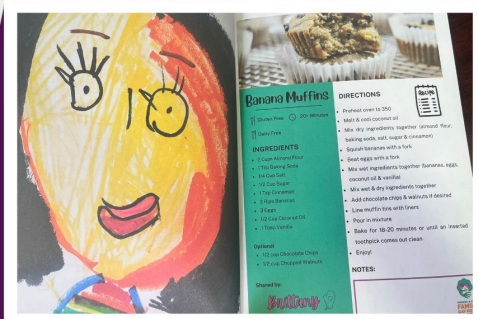


EDUCATOR POTLUCK & RECIPE BOOK RELEASE



INNISFAIL & AREA
**FAMILY
DAY HOME
SOCIETY**
— Established in 1983 —

Thank you to all the Educators who joined us at the Penhold Multiplex on April 25th to celebrate the release of our new Educator Recipe Book with a Potluck & Menu Planning training. The Recipe Book contains various nutritious snacks, meal inspirations & showcases artwork from children in their programs!



Society News

Happy Anniversary



Vanessa Ruppert
14 Years!

Donna MacPherson
3 years!

*Thank you for making a
difference in the live of
children and families!*

NOTICE

Innisfail & Area Family
Day Home Society
AGM
Will be held
June 24, 2024
7:00pm
@
The Day Home Office
RSVP for attendance is
requested.

*Our office is
Closed*

*May 20, 2024
for Victoria Day*

*Have a wonderful
long weekend!*

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May 17th is
Early Childhood Educator
Appreciation Day! ♥

Our Agency is grateful to all of
our hard working family day
home educators and staff.

What you do is so valuable to our
communities, and to the families
and children you work with!



Meet Our Office Staff

Reshann has been our coordinator since 2017 and was a consultant for 6 years prior to that. Reshann does a little of everything around the office, from managing our financials to supporting families and educators with back-

up care. She's usually the voice you will hear on the other end of the phone, if you call us!

Reshann is involved in various volunteer committees that bring training opportunities to early childhood educators. She is

passionate about supporting local businesses and is active with the local Chamber of Commerce.

When she's not working, she enjoys walking her dogs, reading, and enjoying the local coffee shops.



Lindsay has been with our agency since 2021, and was a day home educator for 5 years prior to that.

She helps our team of educators by completing in-home mentoring visits, supporting them with

programming, play space inspiration, and developing their annual training plans. Lindsay is the inspiration behind our Tik-Tok Tuesday and Wisdom Wednesday social media posts!

When she's not working, she can be found spending

time with her family on adventures - whether that be simply at home or on the open road. She enjoys anything that involves being creative, reading, 90's music, catching up on reality TV, and thrift store shopping.



Ella has been a consultant with the agency since 2010, and was a day home educator prior to working in the office.

Ella completes the day home standards visits with our educators and plays a supporting role in the

administration work of the agency. If you don't get Reshann on the phone, it's a good chance it's Ella you will be talking to!

She is as an active member on a variety of boards, and is passionate about advocating for the rights of both families and educators.

When she's not working, she can be found in her garden, hanging out with her chickens, crafting (*she enjoys crocheting, beading, and hide tanning*), and enjoying the outdoors with family and friends.

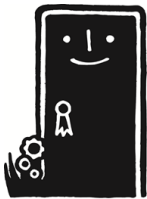


Making a difference in the lives of children and families since 1983!

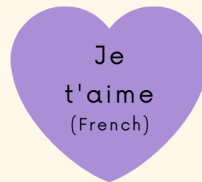


**INNISFAIL & AREA
FAMILY
DAY HOME
SOCIETY**

— Established in 1983 —



**Alberta
Approved
Family
Day Homes**



**I LOVE YOU
IN DIFFERENT LANGUAGES**

Curriculum Corner: Children & Technology

Unlike the childhood of past generations, today's children are growing up in an increasingly high-tech world. From televisions, tablets, mobile devices, virtual assistant devices (ie: Alexa) & even Artificial Intelligence- technology is everywhere. According to the *Canadian Paediatric Society*, young children that experience excessive screen time exposure may be at risk for developing lower language skills, decreased executive function skills, disruption in sleep, increased behaviors, reduction in both physical activity & quality adult/peer interactions.

When utilized appropriately, technology can unveil various beneficial learning experiences such as STEM (Science, Technology, Engineering & Math) exploration, cultivates digital literacy, nurtures creativity & connection with loved ones from around the world.

For more information visit: <https://caringforkids.cps.ca/handouts/behavior-and-development/screen-time-and-young-children>

SCREEN TIME RECOMMENDATIONS

2 Years Old & Younger

- Screen time not recommended except for video-chatting with family & caring adults


2 - 5 Years Old

- Limit screen time to 1 hour or less per day

Screen Time Healthy Habits

- 1 EDUCATE**
Model healthy screen time habits & turn off devices during family time
- 2 BEDTIME**
Avoid screens at least 1 hour before bed
- 3 PRITORITIZE**
Participation in activities unrelated to screens such as outdoor & indoor **PLAY!**

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com			1 <i>Office closed at 3pm</i>	2	3	4
			8 <i>Office closed at 3pm</i>	9	10	11
5	6	7	15 <i>Office closed at 3pm</i>	16	17 <i>Early Childhood Educator Appreciation Day</i>	18
12  <i>Mother's Day</i>	13	14	22 <i>Office closed at 3pm</i>	23	24	25
19	20 <i>Office Closed Victoria Day</i>	21	29 <i>Month End Paperwork Due</i> <i>Office closed at 3pm</i>	30	31	
26	27	28				



June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com 						1
2	3	4	5 <i>Office closed at 3pm</i>	6	7 <i>Office Closed</i>	8
9	10	11	12 <i>Office closed at 3pm</i>	13	14	15
16 HAPPY <i>Father's</i> DAY Father's Day	17	18	19 <i>Office closed at 3pm</i>	20	21	22
23	24 <i>IFDH Society AGM 7:00pm</i>	25 Month End Paperwork Due	26 <i>Office closed at 3pm</i>	27	28	29
30						