

# April 2022 Newsletter

Innisfail & Area Family Day Home Society

## NAEYC's The Week of the Young Child™

April 2-8, 2022

The Week of the Young Child™ is an annual celebration hosted by the National Association for the Education of Young Children (NAEYC) celebrating early learning, young children, their teachers, and families.

### Music Monday

Through music, children develop rhythm, math, language, and literacy skills - All while having fun and being active!

*TRY THIS: Find the beat to a favourite song to connect music, movement, and math. Practice clapping, drumming, or stomping to the beat of the music while counting.*

### Tasty Tuesday

This fun, food-themed day is about more than just cheese and crackers. Cooking together connects math with literacy skills, science, and more.

*TRY THIS: Measure and count your foods while making your snacks. Ask children if they'd like the same or different amounts of each food.*

### Work Together Wednesday

When children build together they explore math and science concepts and develop their social and early literacy skills. Children can use any building material—from a fort of branches on the playground or a hideaway made from couch pillows at home.

*TRY THIS: Build a fort together in your living room. Ask the children what they need to make the largest fort possible or look up different forts online and see if you can make them.*

### Artsy Thursday

Children develop creativity, social skills and fine motor skills with open-ended art projects where they can make choices, use their imaginations, and create

with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making.

*TRY THIS: Bring art outdoors! Take the children to a local green space, garden, or park and ask them to draw what they see.*

### Family Friday

Engaging and celebrating families is at the heart of supporting our youngest learners. NAEYC applauds family members' role as young children's first and most important teachers.

*TRY THIS: Have families email you their favourite family photo. Make a mural or a collage of all the families on "family tree". To display in your home.*

Check out the NAEYC for more ideas <https://bit.ly/2G8AK7M>



## Society News



Magni M	Adalyn E
Kai S	Meara M
Sadie J	Knox B
Eden P	Ryker F
Rhett H	Koen D
Elara M	Karter S
Elle K	Paisley T
Luca B	Felix L
Easton H	Kira A
Carson F	Everlee F
Inara P	Xavier P

*Wishing  
Everyone a  
Wonderful  
Easter!*

The Office will be closed  
April 15th & 18th  
for Easter



**Do you have an  
favourite April  
fools trick?  
Share with us on  
our Facebook and  
Instagram page!**

## Take Care of Your Instructional Health!

When Educators take the time to attend professional development opportunities, they are demonstrating that they are committed to the best practices of early childhood education.

The Early Learning and Care Professional Development Workshops are an important part of every educators life.

To be together with a group of early childhood educators — all committed to teaching,

all wanting new and better ideas to promote learning, and all willing to share their expertise, is refreshing for the mind.

These training opportunities are exactly what early childhood educators need to refill

empty tanks with the energy and knowledge required to teach and care for young children!



## Did You Know?

There are many free professional development opportunities available for family day home educators?

Our agency offers a minimum of six training sessions a year on a variety of topic, all free for our educators to attend - [www.ifdhs.com/professional-development](http://www.ifdhs.com/professional-development)

There are also many online options for our educators to choose from.

Alberta Family Wellness, Brain Story - [www.albertafamilywellness.org/training](http://www.albertafamilywellness.org/training)

Indigenous Canada - [www.coursera.org/learn/indigenous-canada](http://www.coursera.org/learn/indigenous-canada)

Coursera, Child Development - [www.coursera.org/learn/child-development](http://www.coursera.org/learn/child-development)

Early Childhood Investigation Webinars - [www.earlychildhoodwebinars.com/](http://www.earlychildhoodwebinars.com/)

## Earth Day

Celebrated every year on April 22, Earth Day is the largest environmental event in the world. More than six million Canadians—including nearly every school-aged child—participate in an Earth Day activity in their communities.

Founded in 1990, Earth Day Canada is a national

environmental charity. They offer free, year-round, award-winning programs to educate and inspire Canadians of all ages, backgrounds and sectors to reach local environmental solutions. Their mission is to foster and celebrate environmental respect,

action and behavior change that lessens our impact on the earth.

Started in 1994, EcoKids offers free learning activities and resources for Canadian teachers, students, parents and communities to engage in environmental action. EcoKids is designed to inspire

children to become life-long environmental stewards through nature connection and play.

For more information check out: [ecokids.ca](http://ecokids.ca) & [earthday.ca](http://earthday.ca)



## Traditional Easter Food from Around the World

**Pashka, Russia.** This pyramid-shaped dessert made from cheese is served at Easter. The dish is often decorated with religious symbols.

**Colomba di Pasqua, Italy.** Colomba di Pasqua is a candied peel-stuffed cake that is often shaped like a dove.

**Pinca, Eastern Europe.** Pinca is a sweet bread marked with the sign of the cross that is eaten to celebrate the end of Lent in Slovenia and Croatia.

**Mona de Pascua, Spain.** A popular Easter cake traditionally cooked during Semana Santa

(holy week). It resembles a large doughnut topped with a hardboiled egg.

**Chervil soup, Germany.** Maundy Thursday is known as Gründonnerstag or "Green Thursday" in Germany, when Germans traditionally eat green-coloured foods.

**Paçoca de Amendoim, Brazil.** Made from peanuts, sugar and cassava flour, this Brazilian treat is served in honour of the Easter festival.

**Pulla, Finland.** Pulla is a braided, cardamom-spiced bread that is a common Easter treat in Finland.

## Celebrating April Fools Day Around the World

Many countries have adopted the April Fools' tradition of playing jokes on people every year on April 1. It is unknown exactly how this foolish holiday began, but it's the one day of the year that people can be unabashedly silly.

**Scotland**  
In Scotland the day is known as Hunt the Gowk Day. Scotland is unique in that the people celebrate April Fools' Day for the first two days of April. The first day is celebrated by pranking and hoaxing people, while the second is known as Tailie Day and people place tails on each other's backs.

**France**  
Throughout France April Fools' Day is observed by sneakily sticking a paper fish to someone's back. When the hapless victim discovers the prank, the successful prankster will yell out "Poisson d'Avril!"—which means "April fish!"

**Greece**  
In Greece there are several beliefs around April Fools' pranks, the first being that if you can trick someone, you'll have good luck all year long. Other beliefs are that successful tricksters will enjoy a good year of crops, and that the water from rainfall on April 1 has healing abilities.

*Making a difference in the lives of children and families since 1983!*



**INNISFAIL & AREA  
FAMILY  
DAY HOME  
SOCIETY**

— Established in 1983 —



**Alberta  
Approved  
Family  
Day Homes**



*Thank you to the Central  
Alberta Co-op, Innisfail  
Location, for their donation  
of 20 boxes of Hey Clay for  
our educators!*

## Rainy Days and Mud Puddle Play

As the snow melts and the days become warmer, the children will need a variety of clothes throughout the day. In the morning they may need mittens and toques, and in the afternoon they may need muddy-buddies and rubber boots.

Please work closely with your day home educator, so that they have what they need to make your child comfortable while playing outdoors. Be prepared for muddy and wet clothing, as the educators go outside daily to play, and if possible leave extra clothes at the day home.

If you need your child to be clean at the end of the day, let your educator know in advance so they can have your child changed into a clean set of clothes.

You may see in some yards a mud kitchen, a sand table, vegetable gardens, and water tables. Sensory play is central to all these forms of play, and are great for working on a variety of developmental skills, they:

- ⇒ encourage co-operation skills when playing in groups,
- ⇒ promote fine and gross motor development,

- ⇒ foster creativity and imagination,
- ⇒ promote problem solving and strategy building skills,
- ⇒ encourage a sense of wonder and appreciation for the natural world, and
- ⇒ encourage natural exploration and experimentation.





# April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 5px;"> <p><b>Innisfail &amp; Area Family Day Home Society</b>                      5713—51 Avenue                      Innisfail, AB T4G 1R4                      403-227-2767                      innisfaifdh@shawbiz.ca                      www.ifdhs.com</p>  </div>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
No School April 18-22 Spring Break	Office Closed Easter Monday				Office Closed Good Friday	
24	25	26	27	28	29	30
			Month End Paperwork Due			

# May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Office Open til 6:30pm</i>  <i>Pay Day</i>	3	4 <i>May the Fourth be With you!</i> <i>Star Wars Day</i>	5	6  <i>No School</i>	7
8 <i>Mother's Day</i> 	9	10	11	12	13	14
15	16	17	18	19	20  <i>No School</i>	21
22	23 <i>Office Closed</i>  <i>Victoria Day</i> <i>No School</i>	24	25	26	27  <i>Month End Paperwork Due</i>	28
29	30	31			<div data-bbox="1465 1328 1953 1507" style="border: 1px solid black; padding: 5px;"> <p><b>Innisfail &amp; Area Family Day Home Society</b>                      5713—51 Avenue                      Innisfail, AB T4G 1R4                      403-227-2767                      innisfaifdh@shawbiz.ca                      www.ifdhs.com</p>  </div>	