

# July 2022 Newsletter



July 1, 2022

Innisfail & Area Family Day Home Society

## The Importance of Reading Over the Summer

*Excerpt from Scholastic's Blog about Education and Learning*

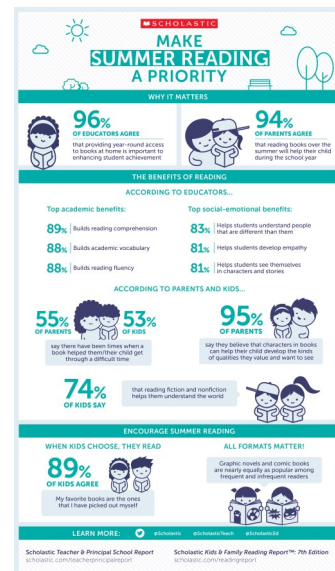
Summer reading is critical, not only for helping kids maintain learning while school is out, but also for fostering social-emotional development, discovering the joy of stories, and elevating the importance of lifelong learning.

Educators and parents agree summer reading matters. In addition to academic benefits, there are powerful social-emotional impacts when kids

read. 83% of educators say reading helps students understand people that are different than them, 81% say reading helps students develop empathy, and 81% say reading helps students see themselves in characters and stories. Additionally, 74% of kids say that reading fiction and nonfiction helps them understand the world.

When it comes to encouraging summer reading, we know that when kids choose, they read! 89% of kids agree “My

favorite books are the ones that I have picked out myself.”



## Summer Reading Picks from our Educators Library

- ◆ Raising Humans in a Digital World by Diana Graber
- ◆ The Whole Brain Child by Daniel Siegel (MD) and Tina Bryson (PhD)
- ◆ Raising Your Spirited Child by Mary Sheedy Kurcinka
- ◆ Kids are Worth it! by Barbara Coloroso
- ◆ Play by Stuart Brown
- ◆ Living Like a Child by Enrique Feldman
- ◆ Heart-Centered Teaching Inspired by Nature by Nancy Rosenow
- ◆ How to Talk so Little Kids Will Listen by Joanna Faber and Julie King
- ◆ Peaceful Parent, Happy Kids by Dr. Laura Markham
- ◆ Stress Free Kids by Lori Lite
- ◆ Connected Parenting by Jennifer Kolari
- ◆ Under Pressure by Carle Honoré
- ◆ The Stick Book by Jo Schofield and Fiona Danks
- ◆ Technology and Digital Media in the Early Years by NAEYC and Chip Donohue
- ◆ Sleepless in America by Mary Sheedy Kurcinka
- ◆ Leading Anti-Bias Early Childhood Programs by Louise Derman-Sparks, Debbie LeeKeenan and John Nimmo
- ◆ How Does it Feel? Child Care from the Families' Perspective by Anne Stonehouse

## Society News



Theodore O	Carlee G
Maddyn H	Jack H
Charlotte Y	Mia M
Forrest A	Torias A
Rhea L	Charlee K
Grady G	Carter M
Hugh M	Denton P
Enyx A	Vikkie H
Adolf L	Liliko B
Joseph H	Kylan J
Crystal H	Navdeep J

### Reminder

The office is closed  
July 1st to celebrate  
Canada Day!

Wishing Everyone a  
Wonderful Day!



### Congratulations to:

Charlene Fedorak for  
completing her  
Certificate in Early  
Childhood Education!

### Welcome to:

Tammy Berry  
Innisfail

### Happy Anniversary:

Destiny Hartel  
1 year

## Subsidy Increase for Families of School Age Children

Only for July and August 2022, subsidy rates will increase to help offset the full-time program fees for eligible school-age children enrolled in licensed child care programs over the summer months. The rate increase will occur automatically and is applicable to children who attended in Grades 1-6 during the 2021-22 school year. The subsidy rates will return to the regular amounts starting in September.

This table shows the summer school-age rates based on the type of program your child attends and your income:

Income	Current School-age Subsidy Rate (Grades 1-6)	Summer School-age Subsidy Rate (Grades 1-6)*	
		Out-of-school care	Day home and group family
\$0 - \$49,999	\$366	\$644	\$516
\$50,000 - \$54,999	\$348	\$612	\$490
\$55,000 - \$59,999	\$311	\$547	\$439
\$60,000 - \$64,999	\$275	\$483	\$387
\$65,000 - \$69,999	\$238	\$419	\$335
\$70,000 - \$74,999	\$201	\$354	\$284
\$75,000 - \$79,999	\$165	\$290	\$232
\$80,000 - \$84,999	\$128	\$225	\$181
\$85,000 - \$89,999	\$92	\$161	\$129
Current rates reflect attendance of 50+ hours		Summer rates reflect attendance of 100+ hours.	

\* School-age rates increase for July and August 2022

Please visit the child care subsidy website, at [www.alberta.ca/child-care-subsidy.aspx](http://www.alberta.ca/child-care-subsidy.aspx), for more information.

If you have any questions about child care subsidy or school-age summer rates for 2022, please contact the Alberta Supports Contact Centre at 1-877-644-9992.

# EDUCATOR SPOTLIGHT

## We are Earth Rangers!

When Katrina's day home went to go check out our their community garden to discuss what they would like to plant in it, one of the children asked if they could plant a tree. Katrina knew they couldn't do that in the garden plot but didn't want to say no to the idea, so she called the Town of Penhold and soon got in contact with Mrs. Lennett. Mrs. Lennett agreed to meet with the day home and came up with a plan so the children could plant some trees!

On June 6th, Katrina's day home met Mrs. Lennett, and her helpers Alisha and Jesse, at the splash park in Penhold. She had three trees for them to plant, two were Scotch Pines, and one was a Spruce.

She first showed the children the mulch used to cover the trees. They got to feel and squish it with their fingers. When they went over and started to dig a hole for the first tree, they saw ants and a centipede, and the

children enjoyed digging in the dirt.

When it was time to take the first tree out of the pot and put it into the hole, Mrs. Lennett explained to everyone that the white roots would help the tree grow and to make sure not to cover it all the way to the trunk so it wouldn't get smothered by the mulch.

Katrina plans to take the children back to help water and watch the trees grow.

### Meeting the Flight Curriculum

#### **Sustainable Futures:**

This opportunity provided the children with the chance to learn about, and develop an appreciation for, the natural world through connecting with and exploring nature. It also enabled them to learn about environmentally responsible practices by becoming stewards of the land.

#### **Places of Vitality:**

By connecting the children with the Town of Penhold, Katrina is supporting the development of a strong community that supports the participation of both children and adults as resourceful, active citizens.



**Thank you  
Town of  
Penhold for  
your support!**

Making a difference in the lives of children and families since 1983!



## INNISFAIL & AREA FAMILY DAY HOME SOCIETY

— Established in 1983 —



Alberta  
Approved  
Family  
Day Homes

### July 1st Celebrations in your Community

Innisfail— [innisfail.ca/canada-day-2022/?](https://innisfail.ca/canada-day-2022/?fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ_vdHCgHl_Hjt-U)

[fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ\\_vdHCgHl\\_Hjt-U](https://innisfail.ca/canada-day-2022/?fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ_vdHCgHl_Hjt-U)

Olds— [www.olds.ca/canada-day?](https://www.olds.ca/canada-day?fbclid=IwAR01HSGXOU4TyDq5XmnPzH2_WfllkqTqYyGCsOk-0XD9X2lknBRFjW2HpE#:~:text=After%20a%20two%2Dyear%20hiatus,Show%20time%20is%2011%20pm)

[fbclid=IwAR01HSGXOU4TyDq5XmnPzH2\\_WfllkqTqYyGCsOk-0XD9X2lknBRFjW2HpE#:~:text=After%20a%20two%2Dyear%20hiatus,Show%20time%20is%2011%20pm](https://www.olds.ca/canada-day?fbclid=IwAR01HSGXOU4TyDq5XmnPzH2_WfllkqTqYyGCsOk-0XD9X2lknBRFjW2HpE#:~:text=After%20a%20two%2Dyear%20hiatus,Show%20time%20is%2011%20pm)

Penhold— [www.townofpenhold.ca/p/special-events?](https://www.townofpenhold.ca/p/special-events?fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ_vdHCgHl_Hjt-U)

[fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ\\_vdHCgHl\\_Hjt-U](https://www.townofpenhold.ca/p/special-events?fbclid=IwAR0Fk0oV07MLLnUYPb7QDY2f98RZYCCCGYXfEobj6HpJ_vdHCgHl_Hjt-U)



## Curriculum Corner - Summer Fun for All!



Having fun this summer doesn't have to break the bank! There are many family-friendly activities that are free or inexpensive:

- \* Visit the library for one of their many events
- \* Check out what the local FRN has available
- \* Fly a kite
- \* Play hide and seek
- \* Have a water balloon fight
- \* Do a scavenger hunt in your yard, around town, or try geocaching
- \* Make paper airplanes
- \* Go hiking or on a nature walk—*many towns have beautiful nature trails!*
- \* Hula hoop
- \* Play hopscotch
- \* Blow bubbles
- \* Make a blanket fort
- \* Make paper bag puppets
- \* Sidewalk chalk art
- \* Play a card or board game
- \* Sing YouTube karaoke
- \* Make homemade ice cream
- \* Build a cardboard box castle
- \* Have a picnic & story in the park
- \* Shaving cream or coloured ice art
- \* Paint garden rocks and hide them around town
- \* Have a pillow fight





# July 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Canada Day</i> <i>Office Closed</i>	2
3	4	5	6	7 <i>Olds BBQ in the Park</i> <i>Frank Wong Park</i>	8	9
10	11	12	13	14	15	16 <i>Three Hills Summer Celebration</i> <i>&amp;</i> <i>Springbrook Day</i>
17	18	19	20	21	22	23
24	25	26	27 <i>Month End</i> <i>Paperwork Due</i>	28	29	30
31					<b>Innisfail &amp; Area Family Day Home Society</b> 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com 	

# August 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i>  <b>Office Closed</b>  <i>Civic Holiday</i>	<i>2</i>  <b>Office open til 6:30pm</b>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>
<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i>
<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i>	<i>29</i>  <b>Month End Paperwork Due by 8:30 am</b>	<i>30</i>	<i>31</i>		<b>Innisfail &amp; Area Family Day Home Society</b> 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com	

