## May 2023 Newsletter

May 1, 2023

Innisfail & Area Family Day Home Society

## Mother's Day Around the World

Mother's Day is celebrated to honor the Mother of the family as well as motherhood, maternal bond & the influence of Mother's in society. It is recognized on different days across the world but most commonly in March & May. Celebrating Mother's Day first originated in 1907 by Anna Jarvis & by the early 1920's, Hallmark started selling their very first Mother's Day cards in North America. Mother's Day is uniquely celebrated in different countries around the world including:

- Albania- Mother's Day is celebrated on March 8th in conjunction with International Women's Day.
- Armenia- Mother's Day is honoured twice each year on March 8th & on April 7th as Maternity & Beauty Day.
- **Finland-** "*äitienpäivä*" is celebrated on the second Sunday in May. The President honors different Mother's each year with medals to recognize something exceptional that they have done.
- **Germany-** Due to having the lowest birth rate in Europe in the 1920's, Germany adopted Mother's Day to celebrate motherhood & encourage women to grow their families.
- Ireland- Mother's Day is celebrated on the fourth Sunday of Lent & is honoured as "Mothering Sunday".
- **Nepal-** Mother's Day is a 15 day Festival called "Mata Tirtha Aunsi" celebrated according to the Lunar calendar. The festival is to honor all Mother's including those who have past.
- Norway- Mother's Day was first celebrated on February 9th, 1919
- Indonesia- it's a December holiday (the 22nd) that began as a celebration of the anniversary of the first Women's Congress in 1928.
- **Sweden-** Mother's Day is celebrated on the last Sunday of May so children can go outside & pick flowers.

### HAPPY MOTHER'S DAY!

Ideas for Celebrating

#### Create a Bouquet

Visit a local Greenhouse & let your child create their own personalized bouquet just for Mom. Or take a walk in nature & collect wild flowers, greenery & natural elements like pinecones!



#### Bake a Cake

No celebration is complete without cake! Locate a traditional recipe or even one you'd like to try & have you child take on the role as Head Chef. Yum!

#### Write a Letter

Assist your child with brain storming all the reasons why Mom is special & write them down on paper for her to cherish for years to come!





#### Paint a Picture

A picture is worth a thousand words! Bring out the paints & paint brushes & let your child illustrate an individualized masterpiece just for Mom!





## **Society News**

#### **Happy Anniversary**



Vanessa Ruppert 13 Years!

Donna MacPherson 2 years!

Thank you for making a difference in the live of children and families!

#### **NOTICE**

Innisfail & Area Family Day Home Society **AGM** Will be held June 26, 2023 7:00pm (a)

The Day Home Office RSVP for attendance is requested.

Our office is Closed May 22, 2023 for Victoria Day

Have a wonderful long weekend!

## **Early Childhood Educator Appreciation**

It is time when we can reach out to recognize and thank the hard working men and women who have such an impact on the lives of the children and families each and every day.

We thank them for sharing their love, understanding, knowledge, dedication and skills with the children in their programs and for making a difference in the lives of these children!

You foster the bonds of friendships,

Letting no child go away upset.

You respect and you honour their emotions.

You give hugs to each child when they are sad.

You have more impact than does a professor,

A child's mind is molded by four;

So whatever you lay on the table is whatever the child will explore.

Give each child the tools for adventure,

Let them be artist and writers and more;

Let them fly on the wind and dance on the stars

And build castles of sand on the shore.

~ Author Unknown





## A Look Back in Time...























## Celebrating ...

40 Years of Business in Innisfail!

25 Years of Business in Penhold!

22 Years of Business in Springbrook!

12 Years of Business in Olds! •

3 Years of Business in Three Hills!

#### Making a difference in the lives of children and families since 1983!



# FAMILY DAY HOME SOCIETY

— Established in 1983 –





Now that Spring is finally here, that typically means cooler mornings & warmer afternoons. Please remember to ensure your child is equipped with the following items each day of care so they can comfortably enjoy all their outdoor play experiences & adventures.

- Warm Jacket or a Light Jacket with a Hoodie
- Waterproof Pants or "Muddy Buddy"
- Mittens or Gloves
- Toque or Hat (for warmer temperatures)
- Rubber Boots
- Spare Socks
- A Complete Change of Clothes
- Any other requests from your child's Family Day Home Educator

## Curriculum Corner: French Toast Strips



Introducing cooking to children can encourage learning new skills such as problem solving, counting, measuring & early literacy. Not only does cooking with children support a foundation for healthy eating habits, it also can boost self-confidence, independence & creativity.

#### Recipe

- Beat eggs, milk, lemon rind & a pinch of salt together
- Dip each into the mixture & melt butter in a frying pan over medium heat
- Cook strips for approximately 2-3 minutes per side
- Sprinkle with icing sugar or serve with maple syrup

Recipe can be adapted to be: Gluten & Nut Free



## May 2023





Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4	5	6	
				May the Fourth be With you! Star Wars Day	No School		
7	8	9	10	11	12	13 Agency 40 Year Celebration & Mini Conference	
Happy Mother's Day  Mother's Day	15	16	17	18	19 Early Childhood Educator Appreciation Day No School	20	
21	22 Office Closed	23	24	25	26	27	
	Victoria Day No School				Month End Paperwork Due		
28	29 No School	30	31		Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com		



## June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Innisfail & Area Fam 5713—51 Avenue Innisfail, AB T4G 1R 403-227-2767 innisfaifdh@shawbiz. www.ifdhs.com				1	2  National Doughnut  Day	3
4	5	6	7	8	9	10
11	12	13	14	15	16  National Fresh  Veggies Day	17
Father's Day!	19	20	21  First Day of Summer	22	23	24
25	26  IFDH Society AGM 7:00pm	27 Month End Paperwork Due  Students last day of school	28	29	30	