

# November 2025 Newsletter

*Making a difference in the lives of children and families since 1983!*

November 1, 2025

## Innisfail's 3rd Annual Cultural Festival



## Celebrating National Child Day

National Child Day, celebrated annually on November 20, serves as a vital reminder of Canada's commitment to the rights of children. This date marks the United Nations' adoption of both the Declaration and the Convention on the Rights of the Child, documents that affirm every child's right to protection, provision (like health and education), and participation.

This year, the spirit of National Child Day resonates deeply with FLIGHT: Alberta's Early Learning & Care Framework, a curriculum that sees young children as "mighty learners and citizens."

National Child Day calls on all Canadians to reflect on the importance of nurturing every child to reach their full potential. The day encourages educators, families, and communities to actively listen to children's voices and create environments where their perspectives are valued.

Alberta's early learning and care

curriculum, FLIGHT, is perfectly aligned with the principles of National Child Day. It moves away from traditional, subject-specific learning to focus on four holistic, play-based goals for children aged zero to five:

**Well-Being:** Nurturing emotional health, a sense of belonging, and physical health.

**Play and Playfulness:** Encouraging imagination, creativity, and problem-solving through active, hands-on exploration.

**Communication and Literacies:** Valuing language and multiple ways children express themselves (e.g., through art, music, movement).

**Diversity and Social Responsibility:** Seeing children as citizens who practice inclusion, equity, explorations, and unique identities be central to their daily learning and community life.

The FLIGHT framework's vision is to help children "take flight" by seeing them not just as children in training, but as "mighty learners and citizens" in the here and now. This directly reflects the National Child Day mandate by prioritizing a child's right to participation—to have their thoughts, explorations, and unique identities be central to their daily learning and community life.

This November 20th, let's celebrate both the universal rights affirmed by National Child Day and the Alberta framework that brings them to life, empowering our youngest citizens to soar.



## Innisfail & District Chamber of Commerce Awards

We are absolutely overwhelmed with gratitude to be awarded "Non-Profit of the Year" at the Innisfail and District Chamber of Commerce Business Awards.

### A Heartfelt Thank You to Our Team of Educators, Our Families & Our Advisory Board

To our phenomenal team of Early Childhood Educators—this honour wouldn't be possible without YOU! You are the heart and soul of our mission. Thank you for trusting us!

To the families: Thank you. For the last 42 years, you have made the conscious choice to trust us with the most precious people in your lives—your children.

We extend deep appreciation to our dedicated Advisory Board. Your vision, unwavering support, guidance and commitment to our mission have provided the strategic direction essential for our sustained success. Thank you!





## INNISFAIL & AREA FAMILY DAY HOME SOCIETY

— Established in 1983 —



Alberta  
Approved  
Family  
Day Homes

## Society News

### Reminders:

The Office is  
Closed  
November 11<sup>th</sup> for  
Remembrance Day

The office is Closed  
November 14<sup>th</sup> at  
2:24pm  
&  
November 21<sup>st</sup> at  
12:00pm  
For Staff Training

### SPARK

We are happy to announce that we a part of the SPARK Project, to enhance our cultural competence, and to promote equity and belonging in our program.

[arcqe.ca/support-service/spark-mentorship-program/](https://arcqe.ca/support-service/spark-mentorship-program/)

Our First Educator Session is November 12<sup>th</sup> at 7pm Online

### Happy Work Anniversary to:

Amanda McColl  
3yrs

Crystal Heck  
8yrs

Marilou Manangan  
3yrs

*Thank you for making a difference in the lives of the children and families you work with!*

## Kimochis

### We are Bringing Kimochis Training to our Educators!

**November 29<sup>th</sup>, 10am-4pm**

The Kimochis™ program promotes the growth and development of the whole child with a focus on Social-Emotional (SEL) wellbeing and skill development.

The curriculum provides children, educators and parents a common vocabulary that allows everyone to “speak the same language” bridging care and home.

When everyone understands and uses the same feeling vocabulary, social-emotional learning is consistent and happens more quickly for children. Adults can give prompts using the vocabulary to

guide children to do and say the right thing in challenging emotional situations. (For example, “Use your talking voice and face when you ask to play.”) Peers can learn to cue each other using gentle prompts, which builds kindness and compassion. The unique and compelling Kimochis® characters (Bug, Cloud, Huggtopus, Cat, Lovey Dove, Bella Rose, and Clover) and 29 plush Kimochis® feeling pillows help children learn how to recognize and manage emotions; learn effective self-regulation skills; express caring, concern, patience, and tolerance for others; establish and maintain positive relationships; and make responsible social decisions. Each character has a

specific personality that teaches children social-emotional skills.

Lessons built around the characters and feelings are fun, interactive, and engaging to preschool and elementary children. The goals of the Kimochis® program illustrate the important social-emotional outcomes for children.

The Kimochis® curriculum emphasizes the importance of teaching children to handle positive (happiness, pride) and negative (mad, frustrated, disappointed) emotions in ways that are productive and socially appropriate.





REMEMBRANCE DAY  
*Left We Forget*

# November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Innisfail &amp; Area Family Day Home Society</b> 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shaw.ca 						1
2  <b>Fall Back</b> Set your clocks back one hour before bed on Sunday.	3	4	5	6	7	8
9	10	11 <b>Office Closed</b> <b>Remembrance Day</b>	12 <b>SPARK Team Meeting</b> <b>Online 7pm</b>	13	14 <b>Office Closed at 3pm</b> For Staff Training	15
16	17	18	19	20	21 <b>Office Closed at 12pm</b> For Staff Training ARCQE National Child Day Conference	22 ARCQE National Child Day Conference
23	24 <b>Advisory Board</b> <b>Meeting 7pm</b>	25 <b>Month End</b> <b>Paperwork Due</b>	26	27	28	29 <b>Kimochis®</b> <b>10am—4pm</b>
30 Festival of Trees Pancake Breakfast 10am						



# December 2025



	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Educator Games Night & Dinner	6
7	8	9	10	11	12	13
14	15	16	17	18	19 <b>Month End 8:30am Paperwork Due if you are Closed Dec 22-31</b>	20
21 Winter Solstice	22 <b>Month End 8:30am Paperwork Due</b>	23	24 <b>Office Closed</b>  Christmas Eve	25 <b>Office Closed</b>  Christmas Day	26 <b>Office Closed</b>  Kwanza Boxing Day	27
28	29	30	31 <b>Office Closed at 12pm</b>  New Years Eve		<div> <b>Innisfail &amp; Area Family Day Home Society</b>                      5713—51 Avenue                      Innisfail, AB T4G 1R4                      403-227-2767                      innisfaifdh@shaw.ca                 </div> 	