

July 2023 Newsletter

July 1, 2023

Innisfail & Area Family Day Home Society



What is Canada Day?

Beginning on July 1st, 1867- the British North American Act (now referred to as the Constitution Act) officially established Canada as a country. Did you know? Prior to October 27th, 1982, Canada Day was known as “Dominion Day”.

Canada Day is a wonderful opportunity for its citizens young & old to reflect on what it means to be Canadian & share what makes us proud. As we celebrate on July 1st, take a moment to take pride in the diversity of our land, cultures & all our fellow Canadians across our amazing country.

Many communities across our country will honor & celebrate Canada Day by hosting outdoor events, festivals, parades, cultural displays, barbeques, music concerts & fireworks.

How will you & your family celebrate Canada Day this year?

More information: <https://www.canada.ca/en/canadian-heritage/services/canada-day-history.html>



Community Canada Day Celebrations

Festivities begin on the evening of June 30 with a fireworks display at the Innisfail Arena (weather permitting).

On July 1, a Canada Day celebration - including a pancake breakfast - is planned at the Innisfail Historical Village.

In the afternoon, the celebrations move to Centennial Park, with live performances, food trucks, and more! Please Note: If weather issues arise, celebrations will move to the Innisfail Twin Arena

For more information about Canada Day celebrations, visit <https://bit.ly/42CnGOR>



Celebrate Canada Day

2023

Friday June 30, 2023

Fireworks- Kick Off Canada Day 11:00 pm Rotary Athletic Park of Olds 3901-70 Ave. (North of Walmart)

Saturday July 1, 2023

Time	Activity	Location
10:00am	Parade	See parade route map below
11:00 am to 3:00 pm	Entertainment Stage Schedule: 11:00 am O Canada 12:00 pm Girl Crush 1:15 pm Magic Show with Christopher Cool 1:45 pm Girl Crush	Centennial Park 5037-53 Street
	Other Activities in the Park Games, Prizes, Sparkle Tattoos Bouncy Houses, Local Vendors Free Hot Dogs, Cookies & Water	

Parade Route
NO PARKING ON PARADE ROUTE
ROUTE highlighted in RED will be closed from 9:45 am - 11:00am
Thank you to our Sponsors

Canada

We hope to see you this Saturday at Lincoln Street Rec!
Pancake Breakfast is 8:30 a.m. -10:30 a.m.
Activities are 10:30 a.m. -12:30 p.m.



For more information, visit:

- Town of Innisfail
- Town of Penhold
- Town of Olds

Society News



Your Advisory Board Representatives are

- Ron King
- Donna Arnold
- Cheryl Thompson
- Vanessa Ruppert
- Nicky Stagg
- Calene Daines
- Brittany McAllister

Reminder

The office is closed
July 3rd in lieu of
Canada Day!

Wishing Everyone a
Wonderful Day!



Happy Anniversary:

Destiny Hartel
2 years

Sheila Lindsay
1 year



Summer 2023 School Age Subsidy Increase—July & August Only

For the months of July and August 2023, subsidy rates will increase to help offset the full-time program fees for eligible school-age children enrolled in licensed child care programs over the summer. The rate increase will occur automatically and is applicable to children who attended Grades 1 to 6 during the 2022-23 school year. The subsidy rates will return to regular subsidy rates in September.

This table shows the summer school-age rates based on the type of program your child attends and your income:

Income	Current School-age Subsidy Rate (Grades 1-6)	Summer School-age Subsidy Rate (Grades 1-6)*	
		Out-of-school care	Day home and group family
\$0 - \$49,999	\$366	\$644	\$516
\$50,000 - \$54,999	\$348	\$612	\$490
\$55,000 - \$59,999	\$311	\$547	\$439
\$60,000 - \$64,999	\$275	\$483	\$387
\$65,000 - \$69,999	\$238	\$419	\$335
\$70,000 - \$74,999	\$201	\$354	\$284
\$75,000 - \$79,999	\$165	\$290	\$232
\$80,000 - \$84,999	\$128	\$225	\$181
\$85,000 - \$89,999	\$92	\$161	\$129
	Current rates reflect attendance of 50+ hours	Summer rates reflect attendance of 100+ hours.	

* School-age rates increase for July and August 2023

Please visit the child care subsidy website, at www.alberta.ca/child-care-subsidy.aspx, for more information.

If you have any questions about child care subsidy or school-age summer rates for 2023, please contact the Alberta Supports Contact Centre at 1-877-644-9992.

Field Trip Safety

Field trips provide a wide variety of learning opportunities for children, and expand the children's experiences and their understanding of the world around them. The success of any field trip depends on caregivers planning activities ahead of time.

Planning not only includes selecting the activity and destination, it also includes determining how the group will get there and how caregivers will keep children safe during the entire trip. This involves

being aware of potential risks and taking preventive actions to reduce those risks, and prevent serious incidents from occurring.

Here are a number of issues to be considered in planning a field trip:

- ✓ Obtain a signed consent from parents for activities away from the day home outside of the normal routine. The consent should include the date of the field trip, time of departure and return, destination, and purpose of the field trip.
- ✓ Update emergency cards, ensuring parents' emergency (home, cell, and work) numbers are correct.
- ✓ Prescreen all unfamiliar areas where you might like to take children, to note any potential hazards and decide how to deal with potential risks.
- ✓ Make sure your first aid kit is fully stocked, including emergency cards and/or records.
- ✓ Ensure that emergency and non-emergency medications for children are appropriate stored.
- ✓ Bring extra clothing, fluids, sunscreen, food, snacks, etc.
- ✓ Discuss rules for appropriate conduct with the children before the trip, and again on the day of the trip.
- ✓ Weight the risk of the activity with the size of the group and the number of adults present.

Summer Fun—Staying Safe Around Water

Drowning is one of the leading causes of injury-related death for children under 5 years of age in Canada. Children can drown in as little as 2.5 cm (1 inch) of water.

Regardless of whether found in nature or a in a backyard, caution needs to be practiced around water.

Take the following essential precautions to help protect your children:

- ✓ Babies who can't sit without support and are too young to wear a portable flotation device (PFD) should always be held by an adult.
- ✓ Toddlers should always be within arm's reach of an adult when they are in or around water. This includes pools, beaches, and other water sources.
- ✓ All children should be supervised by an adult when they are in or around water and should never be left alone. The presence of other children or teens does not prevent drowning, as they may not recognize the signs of drowning, or react quickly enough to get help immediately.
- ✓ The Lifesaving Society recommends a supervision ratio of at least 1 adult for every 3 young children, and 1 adult for every baby.
- ✓ In Canada, approved lifejackets and PFDs are not available for infants who weigh less than 9 kg (20 lb). There is no safety standard for smaller infants.
- ✓ PFDs or lifejackets should be worn by all infants who weigh at least 9 kg (20 lb) and by toddlers who are swimming or playing near or in the water. It should be the right size for your child's weight. Make sure it stays buckled. Keep **all** safety straps fastened, including the crotch strap.
- ✓ Remember that water wings, neck rings, bathing suits with flotation devices in them, and other swim toys **are not** safety devices.



Making a difference in the lives of children and families since 1983!



INNISFAIL & AREA FAMILY DAY HOME SOCIETY

— Established in 1983 —



Alberta
Approved
Family
Day Homes

Innisfail & Area Family Resource Network

Summer Programming

YOU'RE INVITED...

TO A TEDDY BEAR PICNIC

PENHOLD - JULY 5TH-10-11:30AM
AT THE MEMORIAL HALL PARK

FOR KIDDOS AND
THEIR ADULTS
AGE 0-12YRS

BRING YOUR TEDDY AND A BLANKET TO
SIT ON! COME FOR A STORY ART AND
PICNIC SNACKS!

PRE REGISTRATION IS REQUIRED.

Email Joanne at
joanne.brown@mcmcentral.ca



Check out "[Innisfail & Area Family Resource Network](#)" on
Facebook for additional Summer Programming FUN!

Curriculum Corner: Canada Day Frozen Yogurt Popsicles



Celebrate Canada Day
with Canadian Flag popsicles!



Alberta's Early Learning
and Care Framework **Well-being (Physical Health)**

Children learn about food & nutrition by making
decisions about food consumption, preparation,
serving & clean up routines.

Celebrate Canada Day by enjoying a cool & healthy treat that
your child can help prepare too! All you need is 3 ingredients &
popsicle molds.

Ingredients

- 2 cups raspberries or strawberries
- 4 to 6 tbsp. honey or maple syrup
- 2 cups vanilla yogurt

Directions

- Blend fruit & honey or maple syrup in blender
- Fill molds as desired with the fruit puree
- Put molds into freezer for 20 minutes
- Remove from freezer & add yogurt. Refreeze for a
minimal of 4 hours. Enjoy!



Happy
Canada Day

July 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div data-bbox="151 446 598 600" data-label="Text"> <p>Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com</p> </div> <div data-bbox="489 477 611 609" data-label="Image"></div>						1
2	3 <i>Office Closed in Lieu of Canada Day</i>	4	5	6	7	8 <i>Canada Day</i>
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26 <i>Month End Paperwork Due</i>	27	28	29
30	31					

August 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div data-bbox="142 462 632 646" style="border: 1px solid black; padding: 5px;"> <p>Innisfail & Area Family Day Home Society 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com</p>  </div>		1	2	3	4	5
6	7 <i>Civic Holiday</i> <i>Office Closed</i>	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28 <i>Month End</i> <i>Paperwork Due</i>	29	30	31		